Klontz, Johnson headline 2013 MIAC Men's Swimming and Diving Awards

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ST. PAUL, Minn. -- The 2013 Minnesota Intercollegiate Athletic Conference (MIAC) Swimming and Diving Championships were a rousing success last weekend at the University of Minnesota Aquatic Center, and the top individuals were honored for their performance with the presentation of the 2013 MIAC Men's Swimming and Diving Awards. Included in the awards were the top individual swimming, diving and coaching honors, All-MIAC Sportsmanship Team selections and All-Conference individuals and relay teams.

The top 2013 individual and coaching awards were split amongst four schools after numerous incredible performances at the three-day, six-session event. Carleton's Erik Klontz was named the MIAC Men's Swimmer-of-the-Year, while St. Thomas' Nick Johnson received MIAC Men's Diver-of-the-Year honors. St. Olaf's



Bob and Dave Hauck shared MIAC Men's Swimming Coach-of-the-Year honors, and Macalester's Jake Dunn was named the MIAC Diving Coach-of-the-Year.

Carleton's Erik Klontz was involved in three new MIAC and MIAC Championship records, and his amazing performance resulted in his selection as the 2013 MIAC Men's Swimmer-of-the-Year. Klontz set new records while winning the 50- and 100-yard freestyle races, and helped Carleton's 200-yard freestyle relay get into the record book as well, as Klontz racked up six total All-Conference (top three) honors.

Klontz started the meet by setting a new MIAC record in the 50-yard freestyle with his time of 19.66, and won the event later that night with a time of 19.83 as the first MIAC swimmer to break 20 seconds in the event. His 19.66 is the third-fastest time ever recorded in Division III. Klontz also set a record of 44.52 while winning the 100-yard freestyle, and the 200-yard freestyle's record time was 1:21.55.

St. Thomas' Nick Johnson was an extremely deserving choice for 2013 MIAC Men's Diver-of-the-Year honors, thanks to his dominant performance on the board. Johnson swept the two men's diving titles, meeting the NCAA 2012 selection score in both events. Johnson scored a 463.40 to win the 1-meter championship, and he added the 3-meter title with a score of 448.20. Johnson's win on the 1-meter board was his second in a row.

The St. Olaf men's team surged to their fourth title in a seven-year span and, as a result, Ole Head Coaches Bob and Dave Hauck were named the 2013 MIAC Men's Swimming Coaches-of-the-Year. The duo shared the honor with St. Thomas' Tom Hodgson a year ago. St. Olaf scored 787 points to beat runner-up UST by 39 points to win its most recent conference crown. The Oles won 15 events, including every event in Friday evening's session and four of the five relays, en route to the men's championship.

Macalester's Jake Dunn received MIAC Diving Coach-of-the-Year honors after the Scots claimed both women's diving title, including a 1-2 finish on the 1-meter board.

In addition to the top individual award-winners, the MIAC also recognized the 2013 Men's Swimming and Diving All-MIAC Sportsmanship team at Saturday's final session, and those individuals are listed below. Also listed below are the 2013 MIAC Men's Swimming and Diving All-Conference individuals and relay teams. The top three finishers in each event were received All-MIAC honors, and a medal following their event.

Fans can re-live the 2013 MIAC Swimming and Diving Championships on the **event's home page**. The page features complete coverage of all six sessions including results, recaps, photos and videos. All six sessions were also broadcast live online by **Webcast America**, and fans can view the **video archives** of each session online, and have the option to purchase a DVD.

2013 MIAC Men's Swimming and Diving Awards

MIAC Men's Swimmer-of-the-Year: Erik Klontz, Carleton (Sr., Bethesda, Md./Bethesda-Chevy Chase)

MIAC Men's Diver-of-the-Year: Nick Johnson, St. Thomas (Jr., Blaine, Minn.)
MIAC Men's Swimming Co-Coaches-of-the-Year: Bob and Dave Hauck, St. Olaf

MIAC Diving Coach-of-the-Year: Jake Dunn, Macalester

2013 Men's S&D All-MIAC Sportsmanship Team

Carleton - Steve Moran (Sr., Columbia Heights, Minn.)

Gustavus - Adam Rosell (Sr., Stillwater, Minn.)

Hamline - Chris Sova (Fy., Curtiss, Wis.)

Macalester - Ted Metz (Sr., Teaneck, N.J.)

Saint John's - David Kahat (So., Lino Lakes, Minn.)

Saint Mary's - PJ Heller (Fr., St. Cloud, Minn.) St. Olaf - Eric Babcock (Sr., Liberty, Mo.) St. Thomas - Sam Rauchwarter (Sr., Eagan, Minn.)

2013 Men's S&D All-MIAC Individuals and Relay Teams

1-meter diving

- 1. Nick Johnson (Jr., St. Thomas) 463.40
- 2. Scott Hodgson (Fr., St. Olaf) 450.45
- 3. Bennet Woltjer (Fr., Gustavus) 430.05

3-meter diving

- 1. Nick Johnson (Jr., St. Thomas) 448.20
- 2. Ryan Panure (Sr., St. Thomas) 423.10
- 3. Scott Hodgson (Fr., St. Olaf) 398.30

50-yard freestyle

- 1. Erik Klontz (Sr., Carleton) 19.83
- 2. Logan Arnold (So., Saint John's) 20.79
- 3. Billy Brebrick (Fr., St. Olaf) 20.89

100-yard freestyle

- 1. Erik Klontz (Sr., Carleton) 44.52
- 2. Michael Gratz (So., St. Olaf) 44.88
- 3. Tanner Roe (So., St. Olaf) 45.58

200-yard freestyle

- 1. Tanner Roe (So., St. Olaf) 1:39.50
- 2. Logan Arnold (So., Saint John's) 1:41.05
- 3. Mamoru Kanazawa (Sr., Carleton) 1:41.22

500-yard freestyle

- 1. Tanner Roe (So., St. Olaf) 4:35.12
- 2. Zac Solis (So., Gustavus) 4:36.53
- 3. Spencer Scarth (Jr., St. Olaf) 4:36.85

1,650-yard freestyle

- 1. Spencer Scarth (Jr., St. Olaf) 16:03.30
- 2. Chris Tri (Fr., St. Thomas) 16:24.70
- 3. Eric Carlson (Sr., St. Olaf) 16:42.20

200-yard individual medley

- 1. Michael Gratz (So., St. Olaf) 1:50.10
- 2. Colby Kubat (Jr., St. Olaf) 1:52.01
- 3. Preston Marsh (Fr., Saint John's) 1:52.90

400-yard individual medley

- 1. Spencer Scarth (Jr., St. Olaf) 4:03.27
- 2. Evan Griffith (So., St. Olaf) 4:06.83
- 3. Andy Hardt (Sr., Carleton) 4:07.15

100-yard backstroke

- 1. Michael Gratz (So., St. Olaf) 50.73
- 2. Dante Colucci (Fr., Gustavus) 50.88
- 3. Evan Griffith (So., St. Olaf) 51.38

200-yard backstroke

- 1. Evan Griffith (So., St. Olaf) 1:50.00
- 2. Justin Mullee (Jr., St. Thomas) 1:51.52
- 3. Zac Solis (So., Gustavus) 1:52.13

100-yard breaststroke

- 1. Colby Kubat (Jr., St. Olaf) 55.15
- 2. Preston Marsh (Fr., Saint John's) 56.58
- 3. Erik Money (So., St. Olaf) 56.99

200-yard breaststroke

- 1. Colby Kubat (Jr., St. Olaf) 2:02.24
- 2. Erik Money (So., St. Olaf) 2:06.70
- 3. Evan Harris (So., Carleton) 2:07.23

100-yard butterfly

- 1. Billy Brebrick (Fr., St. Olaf) 49.98
- 2. Michael Lanz (Fr., St. Thomas) 49.12
- 3. Erik Klontz (Sr., Carleton) 51.30

200-yard butterfly

- 1. Billy Brebrick (Fr., St. Olaf) 1:48.94
- 2. Michael Lanz (Fr., St. Thomas) 1:50.33
- 3. Benito Ramirez (Jr., Carleton) 1:55.84

200-yard freestyle relay

1. Carleton (1:21.55)

(Erik Klontz, George McAneny, Stephen Grinch, Mamoru Kanazawa)

- 2. St. Olaf (1:22.52)
- 3. Saint John's (1:23.05)

400-yard freestyle relay

1. St. Olaf College (3:02.87)

(Tanner Roe, Billy Brebrick, Colby Kubat, Michael Gratz)

- 2. Saint John's (3:05.08)
- 3. St. Thomas (3:05.54)

800-yard freestyle relay

1. St. Olaf (6:48.43)

(Michael Gratz, Spencer Scarth, Evan Griffith, Tanner Roe)

- 2. St. Thomas (6:49.56)
- 3. Carleton (6:52.06)

200-yard medley relay

1. St. Olaf (1:30.94)

(Evan Griffith, Colby Kubat, Billy Brebrick, Tanner Roe)

- 2. Saint John's (1:32.34)
- 3. Carleton (1:32.73)

400-yard medley relay

1. St. Olaf (3:21.58)

(Evan Griffith, Colby Kubat, Billy Brebrick, Michael Gratz)

- 2. Gustavus (3:26.62)
- 3. St. Thomas (3:26.86)

2013 MIAC Swimming and Diving Championships Home Page